

## THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2013 Sporting Excellence in Karate National Level

## **Jack Leake**

This is to certify that Jack Leake has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Jack competed at the highest level of British Karate in 2013 winning the medals and titles listed below:-

Championship Success - 3 Gold 2 Silver

English National Kyu Grade Championships - 20<sup>th</sup> January, Sheffield

Gold - Individual Kumite Silver - Team Kumite

Shindo Kai National Championships - 17<sup>th</sup> November, Barnsley

Gold - Individual Kata

Gold - Team Kumite

Silver - Individual Kumite

Congratulations on your outstanding sporting achievements throughout 2013. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Jack.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







